

Webster City Firecracker 5k Tuesday, July 4, 2023



EVENTS:

5 Kilometer Road Race-Walk - 8:00 a.m.
Kids Fun Run (age 9 & under) - 9:00 a.m.
Distance depends on age

RUNNERS RECEIVE:

- Race t-shirt
- Post race refreshments

RACE PACKETS:

At race site on race day from
6:30 a.m. until 7:45 a.m. 1100 Seneca St.

FOR INFORMATION:

Email Dee at brown_dee@iowacentral.edu
or call us at 515-835-8864

COURSE:

Race starts and finishes at Twin Parks, 1100
Seneca Street. The course consists of routes on

paved roads and park trails. Course is basically
flat with one small hill, one water stop.

DIVISIONS: Men's and Women's

11 & under	20-29	50-59
12-14	30-39	60-69
15-19	40-49	70 & over

AWARDS:

Trophies will be awarded to overall men's and
women's race winner as well as the overall
master's (40+) men's and women's winners. Top
three in each age group will receive medals.

RACE RESULTS will be posted at:

www.rymoe.com/firecracker5k

ENTRY FORM FOR THE FIRECRACKER 5K -

Tuesday, July 4, 2023, Webster City, Iowa

Entry fee is non-refundable. Do not mail entries after June 26th.

Name _____
First name Last Name

Address _____
Street City State ZIP Code

AGE on Race Day _____ **MALE**
 FEMALE Phone _____

"Register before June 23rd to guarantee t-shirt"

- Before June 16th: **\$15.00** - without t-shirt
 \$20.00 - with t-shirt
After June 16th: **\$20.00** - t-shirt not guaranteed
 \$15.00 - Kids Fun Run w/t-shirt
 FREE - Kids Fun Run - no shirt

T-SHIRT SIZE		
Youth: <input type="radio"/> S	Adults: <input type="radio"/> S	<input type="radio"/> XL
<input type="radio"/> M	<input type="radio"/> M	<input type="radio"/> 2XL (add \$2)
<input type="radio"/> L	<input type="radio"/> L	<input type="radio"/> 3XL (add \$3)

Make check payable to: **Iowa Central Community
College Cross Country**

Mail to: Iowa Central Community College
C/O Dee Brown, Firecracker 5k
One Triton Circle
Fort Dodge, IA 50501

In consideration of acceptance of this entry, I waive and release Iowa
Central Community College, supporting organizations, sponsors,
contributors, race officials and volunteers from liability for any injury or
accident I may suffer during the course of this event.

Date _____ Signature _____

if participant is under 18, parent or guardian must also sign

Iowa Central Community College
 c/o Dee Brown, Firecracker 5K
 One Triton Circle
 Fort Dodge, IA 50501



FIRECRACKER 5K ROAD RACE RECORDS

Overall Records

2009 Eric MacTaggart, Iowa City..... 15:04
 2008 Lisa Koll, Fort Dodge..... 16:41

11 & Under

2006 Ben Mossman, Webster City..... 20:36
 2015 Sophie Vanderpool, Webster City 22:36

12-14

2006 Ryan McMahon, Algona..... 17:39
 2008 Zoe Johanns, Grundy Center..... 19:29

15-19

1995 Kyle Kepler, Webster City..... 15:07
 2006 Lisa Koll, Fort Dodge..... 17:24

20-29

2009 Eric MacTaggart, Iowa City..... 15:04
 2008 Lisa Koll, Fort Dodge..... 16:41

30-39

2013 Keith Solverson, Fort Dodge..... 15:08
 2004 Tammy Slusser, Monroeville, PA..... 18:09

40-49

2022 Nathan Moenck, Fitchburg, WI 16:46
 2005 Nancy Steinmaus, San Luis Obispo, CA... 19:37

50-59

2019 Lance Bergeson, Ankeny..... 18:33
 2011 Patty Croonquist, Fort Dodge..... 21:57

60-69

2004 Paul Gryte, Ames..... 19:31
 2017 Andriette Wickstrom, Storm Lake..... 22:18

70 & Over

2004 Alvin Ravenscroft, Ames..... 22:48
 2011 Ginny Fletchal, Ames..... 30:12

