

# Webster City Firecracker 5k Thursday, July 4, 2024



**EVENTS:**

5 Kilometer Road Race-Walk - 8:00 a.m.  
Kids Fun Run (age 9 & under) - 9:30 a.m.  
Distance depends on age

**RUNNERS RECEIVE:**

- Race t-shirt
- Professional timing by Wayzata Results
- Gift bags with coupons to local merchants
- Post race refreshments

**RACE PACKETS:**

At race site on race day from  
6:30 a.m. until 7:45 a.m. 1100 Seneca St.

**FOR INFORMATION:**

Email Dee at brown\_dee@iowacentral.edu  
or call us at 515-835-8864

**COURSE:**

Race starts and finishes at Twin Parks, 1100 Seneca Street. The course consists of routes on paved roads and park trails. Course is mostly flat with one hill and one water stop.

**DIVISIONS: Men's and Women's**

11 & under	20-29	50-59
12-14	30-39	60-69
15-19	40-49	70 & over

**AWARDS:**

Trophies and a pair of ASICS (*courtesy of Brown Shoe Fit*) will be awarded to overall men's and women's winner. Trophies to overall master's (40+) male and female. Second and third place finishers in each age group receive medals.

**RACE RESULTS will be posted at:**

***www.rymoe.com/firecracker5k***

**ENTRY FORM FOR THE FIRECRACKER 5K -**

Thursday, July 4, 2024, Webster City, Iowa  
*Entry fee is non-refundable. Do not mail entries after June 21st.*

Name \_\_\_\_\_  
First name Last Name

Address \_\_\_\_\_  
Street City State ZIP Code

AGE on Race Day \_\_\_\_\_  MALE  FEMALE  
Phone \_\_\_\_\_

**Register before June 21 to guarantee t-shirt**

- Before June 21:  \$15.00 - without t-shirt  
 \$20.00 - with t-shirt
- After June 21:  \$25.00 - t-shirt not guaranteed  
 \$10.00 - Kids Fun Run w/t-shirt  
 FREE - Kids Fun Run - no shirt

T-SHIRT SIZE		
Youth: <input type="radio"/> S	Adults: <input type="radio"/> S	<input type="radio"/> XL
<input type="radio"/> M	<input type="radio"/> M	<input type="radio"/> 2XL (add \$2)
<input type="radio"/> L	<input type="radio"/> L	<input type="radio"/> 3XL (add \$3)

Make check payable to: **Iowa Central Community College Cross Country**

Mail to: Iowa Central Community College  
C/O Dee Brown, Firecracker 5k  
One Triton Circle  
Fort Dodge, IA 50501

In consideration of acceptance of this entry, I waive and release Iowa Central Community College, supporting organizations, sponsors, contributors, race officials and volunteers from liability for any injury or accident I may suffer during the course of this event.

Date \_\_\_\_\_ Signature \_\_\_\_\_

if participant is under 18, parent or guardian must also sign

Iowa Central Community College  
 c/o Dee Brown, Firecracker 5K  
 One Triton Circle  
 Fort Dodge, IA 50501



## FIRECRACKER 5K ROAD RACE RECORDS

### Overall Records

2009 Eric MacTaggart, Iowa City..... 15:04  
 2008 Lisa Koll, Fort Dodge..... 16:41

### 11 & Under

2006 Ben Mossman, Webster City..... 20:36  
 2015 Sophie Vanderpool, Webster City ..... 22:36

### 12-14

2006 Ryan McMahon, Algona..... 17:39  
 2008 Zoe Johanns, Grundy Center..... 19:29

### 15-19

1995 Kyle Kepler, Webster City..... 15:07  
 2006 Lisa Koll, Fort Dodge..... 17:24

### 20-29

2009 Eric MacTaggart, Iowa City..... 15:04  
 2008 Lisa Koll, Fort Dodge..... 16:41

### 30-39

2013 Keith Solverson, Fort Dodge..... 15:08  
 2004 Tammy Slusser, Monroeville, PA..... 18:09

### 40-49

2022 Nathan Moenck, Fitchburg, WI ..... 16:46  
 2005 Nancy Steinmaus, San Luis Obispo, CA... 19:37

### 50-59

2019 Lance Bergeson, Ankeny..... 18:33  
 2011 Patty Croonquist, Fort Dodge..... 21:57

### 60-69

2004 Paul Gryte, Ames..... 19:31  
 2017 Andriette Wickstrom, Storm Lake..... 22:18

### 70 & Over

2004 Alvin Ravenscroft, Ames..... 22:48  
 2011 Ginny Fletchal, Ames..... 30:12

